



St Mary's Catholic Primary School

School Bulletin

12th February 2021

SUBJECT	YEAR GROUPS RELEVANT TO	STAFF CONTACT
End of Term 3	All	Carol Scanlon

As we come to the end of Term 3 and in what has been my first term here at St Mary's, I wanted to thank you all once again for the warm welcome I have received as your new Headteacher.

I have thoroughly enjoyed getting to know the children in school and at home and have been delighted to meet many of you either at the gate or online during Teacher Times and in the Year group meetings with Father Dominic. I am now looking forward to meeting many more of you in Term 4 after the break.

Despite the challenging circumstances we have all found ourselves in during Term 3, I am pleased to say that the St Mary's community has been truly amazing through such difficult times. I do now hope you are all able to take time to have a good rest over the week ahead and I am already looking forward to next term with you all.

Contact Tracing over the February half-term	Parents/Carers of Children who have been using In-School Provision during Term Three	Mrs Scanlon
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During the half term break the school is still required to carry out contact tracing.

If your child tests positive for coronavirus during the half term break, having developed symptoms within 48 hours of being in school, you must inform the school via email (office@stmarysrc.e-sussex.sch.uk).

This means that if your child develops symptoms or takes a test for coronavirus before 23:59 on Saturday 13th February you must inform the school.

If your child develops symptoms or takes a test after 23:59 on Saturday 13th February you do not need to inform the school as your child will not have had contact within the school setting with any other pupils or staff members within the 48 hours contact period.

In these circumstances you should follow contact tracing instructions provided by the NHS Test and Trace.

RSE Policy Consultation	All	Carol Scanlon
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Please note the following date:

There will be a meeting held on **Teams on Thursday 25th February at 6pm** to which all parents and carers are invited.

At this meeting a presentation will be shared, which will explain the statutory changes to the Relationship and Sex Education curriculum. Following on from this meeting, our RSE Policy consultation period will commence for six weeks.

The link to attend this meeting will be sent out to all parents and carers via Parentmail on **Thursday 25th February 2021**.

Sporting Challenges	All	Liz Hills
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Well done to all those children and families who have been taking part in the East Sussex Winter Games. It is great that you are getting involved, getting fit and having fun.

If you have been inspired by the Winter Games, you might want to consider taking on another exciting sporting challenge. How about 'Get Set Tokyo'? This is a great opportunity to get involved in a huge sporting challenge in celebration of the Tokyo Olympic and Paralympic Games 2021. To find out more click on the link below:

<https://www.getset.co.uk/travel-tokyo>



Mental Health and Emotional Wellbeing Helpful Apps	All	Liz Hills
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As the lockdown journey continues you might want to consider some support for your mental health and emotional wellbeing and try out some or all of the following apps:

Unwind is an app consisting of deep breathing exercises to help you wake up fresh, improve focus and sleep better.
<https://unwind.to/>

Liberate is an app to help reduce anxiety, stress less and sleep better.
<https://liberatemeditation.com/>

Movement for Modern Life is an app that helps to make yoga easy.
<https://movementformodernlife.com/>

Headspace is an app to help reduce stress and develop resilience.
<https://www.headspace.com/>

Please note that there may be a cost involved in downloading these apps. Please check the small print carefully before signing up.

Menu	In School	Office
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Menu choices week beginning 22nd February 2021

Day	Main Option	Special Diets – Allergy menu Only
Monday	Pizza with Dough balls	Tomato pasta
Tuesday	Macaroni Cheese	Tomato pasta
Wednesday	Honey Roast Gammon	Honey Roast Gammon
Thursday	Lasagne with Garlic & Herb bread	Beef Bolognese with GF Pasta
Friday	Fish fingers and Chips	GF Fish fingers and Chips

Jacket Potato options & Tomato Pasta also available each day

Mass at St Mary's Church	All	Fr Dominic
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From Saturday March 13th Public Mass will start again at St Mary's Church. Mass times are Saturday at 6pm and Sunday at 9.30am. Mass at the weekend will need to be booked. Please see the parish website.
<https://www.stmaryscrowborough.org.uk/> Mass will also occur on Monday, Wednesday and Friday at 10.15am.

Remote Learning Offer Survey	All	Carol Scanlon
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Many thanks to everyone who completed the Remote Learning Survey which was available over the last two weeks. The survey has now closed and we have been grateful for your supportive, helpful and constructive comments. We will now use these suggestions to help us add to or further develop our remote learning offer where possible.