

Good morning, Orange Class!

Home Learning – Wednesday 20th May

It's Wednesday again, and there's a choice of Phonics, Maths, English and PE! Remember, these are just ideas - maybe you have some other jobs planned? Will you make a sandwich? Ride your bike? Water the garden? What a lot of things there are to do!

Morning Reflection:

Choose a prayer from the selection on the Orange Class webpage:

<https://www.stmarysrc.e-sussex.sch.uk/orange-class-at-home>

Morning wake-up: Lots to choose from!

We loved **Cosmic Yoga** last week – this week go on an adventure with Popcorn the Dolphin:

<https://www.youtube.com/watch?v=YR1OxBk8BF4>

Or try today's **PE lesson with Joe Wicks!**

<https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI>

Mathematics: Add and subtract – word problems (subtraction crossing 20)

White Rose Maths – Week 4 Lesson 3

<https://vimeo.com/415826496>

First watch the video lesson, then you can complete the worksheets. The worksheets are attached, but don't feel you have to print them out - you can answer the questions on paper if you prefer.

And even more maths....! Count on races

Try this game to practice adding to 10, 15 or 20 by counting on – last week's maths skill! I have attached the game boards. For lots of quick, fun activities, have a look at:

<http://www.iseemaths.com/early-number/>

Phonics: Phoneme Spotter

First practice all your sounds: see PowerPoint of Year 1 sounds on our Orange Class webpage.

Today's sound is er (summer) / ir (bird) / ur (hurt)

These are different ways of spelling the **same** sound.

What you need for this activity: The story attached 'Amber's Third Birthday', one or more highlighter pens or coloured pencils

- If you have an adult to work with you try playing 'phonics bumps' . Sit on the floor. Ask the adult to read the story aloud. Every time you hear today's sound jump up and sit back down on the floor!
- Next read the story for yourself. If there are any words you can't work out, ask an adult to help you with the reading.
- Take your highlighter or coloured pencil and see how many words with today's sound you can find. You could even use a different colour for each different spelling of the sound.
- Finally write out the words you have found, putting them in their spelling groups table. Don't forget to add sound buttons!

English: Write a book review!

A book review lets other people know all about a book that you have read.

Listen to a story on the St Mary's Reading Room. There are lots of stories to listen to there. If you scroll down to the end of the page you will find me reading one of my favourite stories!

<https://www.stmarysrc.e-sussex.sch.uk/reading-room>

Or, choose your favourite story and write about it.

Think about all these questions in your review:

- What is it about?
- Who are the characters?
- What is the setting?
- Is it an adventure or a mystery? Is it funny or sad or exciting?
- What is your opinion of the story? What do you like or dislike?
- Did you enjoy the events, the vocabulary, rhyming words, the illustrations?
- Have you read other books by the same author?
- Would you recommend the book to other people?

I have attached a 'Writing Frame' for a book review that you could use if you prefer.

PE: PE Bingo!

Use the 'Physical Activity Bingo' card attached as a fun way to keep active for our PE today!

If you can print out the card, keep ticking off the activities as you do them throughout the rest of the week.

This activity is from the Youth Sport Trust – there are loads of fun activities to keep you moving!

<https://www.youthsporttrust.org/60-second-physical-activity-challenges>

And finally – a special activity for a special week:



This week people all around the UK are thinking about how to keep healthy – by looking after our feelings and our emotions as well as our bodies. This is called our 'mental health'.

Have a look at this story about a 'verrrrry Good Egg' who finds it hard trying to be perfect all the time! But when he starts being kind to **himself**, he starts to feel a lot better!

<https://www.youtube.com/watch?v=s5q2Z30Vi5U>

What things do you do to be kind to yourself?

Can you draw or take a picture of you doing some of them?