

Don't forget, you can always choose any activity from the Red Class Home Learning Pack!

## PE

So let's start our morning with Joe Wicks at 9am

<https://www.youtube.com/channel/UCAxWIXTOiEJσ0TYLRfn.6rYQ>

It is good to keep active!

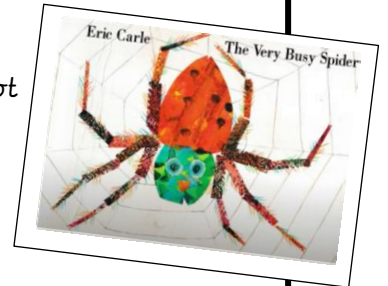
## Starting with a Story:

<https://whiterosemaths.com/homelearning/early-years/>

The Very Busy Spider is this week's story to enjoy. You do not need the story, but here is an online version to share.

<https://www.youtube.com/watch?v=nEPYKmit4dU>

Summer 1, Week 4. Try the activities for Day 2 or 3.



## Phonics

Try Mr Mc today. He loves songs and sounds, give it a go and join in with him.

[https://www.youtube.com/watch?v=Kqjvl\\_oSGg](https://www.youtube.com/watch?v=Kqjvl_oSGg)

## Give me 5!

This will help us practise our calm breathing.



Draw the outline of your hand on paper. Tap each finger shape as you take a slow, deep breath.

Start at the thumb, move to your other fingers and end with your little finger as you breathe in.

Tap back from the little finger to the thumb as you breathe out.

You can colour in the hand after.

Finish with a Cosmic Yoga story.

<https://www.youtube.com/watch?v=iWowDC3x0hE>