



# St Mary's Catholic Primary School School Bulletin

15<sup>th</sup> January 2021

SUBJECT	YEAR GROUPS RELEVANT TO	STAFF CONTACT
Week Two.....	All	Carol Scanlon

It is the end of my second week here with you all at St Mary's and I continue to be impressed by everyone in our community. Thank you once again for your continued support.

The staff have continued to work very hard this week to further strengthen and build upon both our in-school and remote learning provision and I would like to thank them for their dedication and commitment to all our children and families whether they are at home, or in school, at present.

This week we have trialled a new aspect for our remote learning provision and I am delighted that we will now be able to offer **Teacher Times** to children who are learning at home. Although we have been able to be in contact by telephone, email and recorded videos since the start of the term, it is exciting that we can now also make a connection with our families and children through these face-to-face sessions.

As I said to you last week, I had hoped to meet with everyone over the coming weeks at the school gates, but due to the lockdown this has not been possible at this time. However, I am delighted to say that I will also be at the **Teacher Time** sessions over the coming weeks, so I can introduce myself in person to our children and families who are learning at home.

I am very much looking forward to meeting you all.

<b>Free Online Parenting Support</b>	<b>All</b>	<b>TripleP Team, East Sussex (Hastings and Rother)</b>
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The current pandemic has raised new parenting challenges for everyone. Children and teenagers have experienced disruptions to their daily life and increased worries about their safety and that of their family and friends. Children can react in unexpected and challenging ways because they cannot yet fully express how they are feeling.

TripleP Team are delivering:

**FREE** simple, practical strategies which have been proven to work around the world, helping parents raise happy, confident children; set family routines and rules that everyone can follow; and balance work and family life with less stress.

Parents can access as much or as little as they like, and just small changes will make a big difference!

All of the sessions on offer can easily be found in the attached guide.

<b>Fegans Family Support</b>	<b>ALL</b>	<b>Office</b>
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Fegans have really helpful, free to access resources for our school community and families via the Fegans Family Hub (see below). It has articles from therapists, parenting tips from the parenting team and a link to the forum to have any mental health and parenting questions answered. Fegans have also created a free 'Parenting in a Pandemic' animated courses for families who need extra support.

<https://www.fegans.org.uk/family-hub/>

Crowborough Library	ALL	Office
<p>Should parents wish to have access to more books during the national lockdown, the Crowborough Library are open for collections and you can access a Library Catalogue from their website to order your books - <a href="https://www.eastsussex.gov.uk/libraries/local/locations/crowborough/">https://www.eastsussex.gov.uk/libraries/local/locations/crowborough/</a></p>		
East Sussex Fire & Rescue	ALL	Office
<p>In light of the new lockdown, we would like to share the attached update with you all, about East Sussex Fire &amp; Rescue Service's Firewise intervention scheme and schools programme. It provides an update on what they are able to offer during the continued restrictions caused by the COVID-19 pandemic.</p> <p>You may recall that last term, we offered our safety activity booklets to schools and parents and would like to remind everyone that they are still available. There are two booklets, one for key stage 1 and one for key stage 2 and they cover the key messages we would normally cover in our lessons with years 2 and 5. When children have completed the booklets they can enter a competition and winners can choose from a £25 book voucher or Lego kit.</p> <p>Find out more at: <a href="http://www.esfrs.org/kids-zone">www.esfrs.org/kids-zone</a> or e-mail <a href="mailto:education@esfrs.org">education@esfrs.org</a> to request a copy of the relevant booklet(s) for your child(ren).</p> <p>We appreciate your support with this so we can all work together to help to keep children, young people and their families safe, especially during these difficult times.</p>		
Menu Changes	In school provision	Office
<p><b>Menu choices week beginning 18<sup>th</sup> January 2021</b></p>		
Day	Main Option	Special Diets – Allergy menu Only
Monday	Cheese and Tomato Pizza with dough balls	Tomato pasta
Tuesday	Macaroni Cheese	Tomato pasta
Wednesday	Roast Turkey	Roast Turkey
Thursday	Veggie Hotdog with potato wedges	Tomato pasta
Friday	Fishfingers and Chips	GF Fishfingers and Chips
<p>Jacket Potato options also available each day</p>		

Attached file - Hasting and Rother Positive Parenting Guide