



St Mary's Catholic Primary School School Bulletin

19th March 2021

SUBJECT	YEAR GROUPS RELEVANT TO	STAFF CONTACT
	All	Mrs Scanlon

Dear parents/carers

Our second week back together again as a school and a community has been really lovely and we continue to be really pleased with the way in which the children have settled back into their routines and expectations in class and throughout the school

This week Mr Getty – our new Deputy Headteacher, came to visit us all at St Mary's on Wednesday. Mr Getty met the staff and the children and was also at the gate at the end of the day. We are delighted that he will be joining us in Term 5 and are looking forward to him joining our school and community after the Easter Break.

Today the children came to school wearing something red to help raise money for Red Nose Day. Thank you for all your donations; I am delighted to report that we have raised £322!

Have a lovely weekend
Best wishes
Mrs Scanlon

Update to guidance for parents	All	DfE
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Update to guidance for parents

We have updated our guidance on [what parents need to know about early years providers, schools and colleges during COVID-19](#).

The guidance now includes information on returning to boarding school from overseas, including arrangements for pupils to quarantine on arrival in the UK. It also provides additional information to support parents considering elective home education for their child.

We have also published a collection of [guidance providing information for parents and carers](#) of children attending early years settings, schools and colleges during the coronavirus (COVID-19) pandemic.

This collection brings together information and guidance for parents on:

- essential information for the spring term
- coronavirus (COVID-19) testing
- clubs and out-of-school settings
- home schooling and remote education
- support for children and young people

Easter Break	All	Office
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Please note: the last day of term four is **THURSDAY 1ST APRIL**

You are welcome to collect your children from school at **1.30 pm** on this day to begin your Easter break. However, school will remain open until 3.15 pm and children can be supervised until this time, so please do not worry if you are not able to collect your child at the earlier finish time.

Zones of Regulation	All	Miss Heathcote
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Zones of Regulation is a system that we are introducing into all classes at St Mary's to support mental health and wellbeing. The system teaches children to become aware of, identify, recognise and regulate their feelings or emotions. Children are given a variety of tools and techniques to help them (ultimately) self-regulate to promote their own wellbeing and make healthy connections with others.

Emotions or feelings are categorised into 4 different zones, these zones are colour coded as follows:



This poster gives some examples of the sorts of emotions located in each colour zone:

Blue Rest Area	Green Go	Yellow Slow Down	Red Stop
Sad	Happy	Nervous	Angry
Upset	Excited	Surprised	Yelling
Hurt	Calm	Confused	Aggressive
Tired	Proud	Silly	Mad

Children are taught that it is perfectly natural to experience the emotions from all zones. They are taught strategies to manage, or regulate, tricky emotions. Emotions are not the problem but the actions with which we respond to our emotions may cause problems, we learn to act appropriately. Find out more at:

<https://www.zonesofregulation.com/learn-more-about-the-zones.html>

Mass at St Mary's Church and Easter Services	All	Fr Dominic
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A reminder that Fr Dominic welcomes everyone back to the public celebration of Mass at St Mary's.

Places need to be booked for Saturday, Sunday and Easter Masses respectively.

Saturday 6pm

<https://www.eventbrite.co.uk/e/saturday-evening-vigil-mass-at-6pm-at-st-marys-rc-church-crowborough-tickets-130904503895>

Sunday 9.30am

<https://www.eventbrite.co.uk/e/sunday-mass-at-930am-at-st-marys-rc-church-crowborough-tickets-125810914833>

Easter weekend

<https://www.eventbrite.co.uk/e/easter-sunday-and-weekend-2021-mass-bookings-at-st-marys-crowborough-tickets-130905121743>

Full details are available on the Parish website at

<https://www.stmaryscrowborough.org.uk/recent-announcements/public-mass-to-resume>

Weekday Masses at 10.15am on Monday, Wednesday and Friday do not need to be booked. Just turn up for any weekday Masses, with a piece of paper with your name, phone number and the date on it for test and trace records.

Everyone is very welcome to attend.

If you can't physically get to Mass, there is now a Parish YouTube channel streaming live Masses and recordings to watch later at:

https://www.youtube.com/channel/UCbwTqYP8MG_TSXcKvFI9R7A

To stay up to date, please follow the Parish on Facebook at @stmaryscrowborough

We look forward to welcoming you back to Mass.